

**S. RADI SHAMSI, M.D.**

GASTROENTEROLOGY DISEASES OF THE LIVER DIAGNOSTIC AND THERAPEUTIC ENDOSCOPY

**INSTRUCTIONS: EGD OR ERCP  
ESOPHAGOSCOPY/GASTROSCOPY/DUODENOSCOPY**

**\*\*\*IMPORTANT\*\*\* IT WILL BE NECESSARY TO ARRANGE FOR SOMEONE TO DRIVE YOU TO AND FROM THE FACILITY. YOU WILL BE SEDATED FOR THE PROCEDURE AND WILL NOT BE ABLE TO DRIVE UNTIL THE NEXT MORNING. YOU ARE NOT ALLOWED TO TAKE A TAXI OR BUS HOME AFTER YOUR PROCEDURE.**

Please arrive by: \_\_\_\_\_

Your procedure is scheduled for \_\_\_\_\_ on \_\_\_\_\_

- AT:
- Saint John's Hospital G.I. Lab
  - Saint John's Hospital X-ray
  - Santa Monica Hospital G.I. Lab
  - Endoscopy Center of Santa Monica
  - Cedars Sinai Medical Center - G.I. Lab
  - Westwood Medical/Surgical Center

Plan on being at the facility approximately three (3) hours from arrival time.

- If you are sedated for the procedure, you will not be able to drive safely. You must arrange for someone to drive you home.
- Your stomach must be completely empty for the procedure. Do not eat or drink after midnight the night before. You may take medications with clear water in the morning at least two hours before the procedure but do not take over-the-counter antacids or Carafate.
- If you have dentures, you will be asked to remove them at the time of the procedure.
- Do not take aspirin, Ginkgo Biloba, or vitamin E for one (1) week prior to the procedure, and stop and arthritis or anti-inflammatory drugs such as Advil for three (3) days before the procedure (Tylenol and Celebrex are okay).
- If you are taking medication for diabetes or blood thinners, consult your physician.

**Warning:** Please be sure to notify us of any antidepressant medications. Severe reactions may occur if you are taking MAO-inhibitors, St. John's Wort, or diet pills (Fen-Phen, Redux, etc.). You need to stop these two weeks before the test. Please contact the doctor prescribing these drugs to get instructions on how to discontinue these drugs prior to the procedure.

**PLEASE CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS  
OR IF YOU NEED TO CHANGE YOUR APPOINTMENT.**